





Synod
2021
2024

Date	Holy Mass/ Services	Other Events
Saturday 3rd August 18th Sunday of the Year	5.30 pm Confessions 6.00 pm Mass: Thanksgiving (St Peregrine)	
Sunday 4th August 18th Sunday of the Year	10.30 am Mass: Hannah Flynn RIP 12 noon: Baptism of Nirvan Prabhu	
Monday 5th August Feria	6.30 pm Adoration 7.00 pm Mass: The Chandley Family & Deceased Relatives	
Tuesday 6th August The Transfiguration of the Lord (Feast)	9.00 am Mass: Jythois Thomas RIP	
Thursday 8th August Saint Dominic, priest (memorial)	9.00 am Mass: Holy Souls 12 noon: Marriage of Lezia and Daniel	
Friday 9th August Saint Teresa Benedicta of the Cross, Vrgin & Martyr, Patron of Europe (Feast)	9.00 am Mass: Paciencia Neri	If you would like to make a donation, please scan the QR code for CC Church
Saturday 10th August 19th Sunday of the Year	5.30 pm Confessions 6.00 pm Mass: Rob Love RIP	
Sunday 11th August 19th Sunday of the Year	10.30 am Mass: People of the Parish	

Our Lady & St Patricks, Meadows, Mass/Service Times 4th - 11th August 2024



Date	Holy Mass/ Services	Other Events
Sunday 4th August 18th Sunday of the Year	9.00 am Mass: Michael McMahon	Coffee & Tea after the morning Mass.
Wednesday 7th August Feria	9.30 am Adoration 10.00 am Mass: Winnie Atell RIP - 2nd Anniversary	Coffee & Tea after the morning Mass.
Saturday 10th August Saint Lawrence, Deacon & Martyr (Feast)	9.30 am Confessions 10.00 am Mass: Caroline Beaumont - Get Well 12.30 - 5.00 pm Eritrean Church	If you would like to make a donation, to the Church please scan the QR code . 
Sunday 11th August 19th Sunday of the Year	9.00 am Mass: Patricia King RIP - Anniversary 2.00 - 5.00 pm Syro-Malankara Church	Coffee & Tea after the morning Mass.

A reflection from Pope Francis for the Year of Prayer, for the Eighteenth Sunday of the Year: Sometimes we are distracted as we try to pray: this calls for our cultivation of the virtue of vigilance, by which we focus our lives on doing the Lord's will daily in expectation of his return. A second difficulty is the experience of dryness when our hearts: the spiritual masters acknowledge that the life of faith involves times of consolation but also of desolation, when we share in the Lord's sufferings. A third difficulty is spiritual fatigue, the abandonment of prayer altogether: the saints faced these same difficulties and teach that true progress in the spiritual life comes about through daily perseverance, like that of Job who remained constant even amid his many afflictions. To read the full reflection and find more resources at dioceseofnottingham.uk/yearofprayer

A big thank you to everyone who donated and contributed financially for the burial ceremony for my beloved son Patrick Madu.

We are grateful for the donations and supports of our Lady & St Patrick Church.

Many thanks
Mr & Mrs Madu

The raffle for the man's bicycle at OLSP for was drawn last week and the lucky winner was Colin Cotter!

Praying for Peace, the End of wars and for the Sanctity of Life: We have been asked to join in prayer with the Polish Church in Nottingham between 10th and 21st August. Please see the poster in both Churches.

Pilgrim's Progress to Rome, an eight-day trek in Autumn 2025, is a charity fundraising challenge organised by the charity Life. Life supports women in unexpected and crisis pregnancies and those experiencing pregnancy loss. Life are calling all those with "an adventurous spirit and a compassionate heart", to email emilytraynor@lifecharity.org.uk to receive more information."

The Rite of Christian Initiation of Adults course, (RCIA) will begin again in September. It is held weekly on a Thursday and follows the Sycamore programme where the Catholic faith is explored through study, exploration and faith sharing. Everyone is welcome including adults currently not baptised in the Catholic faith and wish to know more, baptised Catholics who wish to receive the sacraments of confirmation and Holy Eucharist and Catholic Parishioners who would like to continue their learning of the faith. Please contact Catherine, the parish secretary, by email, secretaryccolsp@gmail.com to register your interest and receive further information. Everyone is welcome and we look forward to seeing you in September.

Adoremus is a Eucharist centred event that was last held in Liverpool, in 2018. The focus of the day is on the Eucharist with Mass, Adoration and Benediction as well as keynote speakers; Bishop Alan McGuckian of Down and Connor; Sister Margaret Atkins OSA. It is being held at Saint Mary's, Oscott, Birmingham on Saturday 14th September. Tickets are £10.00 and are limited, being held for young adults, so it is first come first served. <https://cymfed.org.uk/invocation-at-adoremus/>

The Pope's Monthly Intention, August 2024: Let us pray that political leaders be at the service of their own people, working for integral human development and the common good, taking care of those who have lost their jobs and giving priority to the poor.

SYNOD ON SYNODALITY: Synod Synthesis: PART I – THE FACE OF THE SYNODAL CHURCH, 4. People in Poverty, Protagonists of the Church's Journey

Convergences e) Standing with those who are poor requires engaging with them in caring for our common home: the cry of the earth and the cry of those living in poverty are the same cry. The lack of responses to this cry makes the ecological crisis, and climate change in particular, a threat to the survival of humanity. The Apostolic Exhortation Laudate Deum, published by Pope Francis to coincide with the opening of the work of the Synod Assembly, emphasises this. The Church in countries most exposed to the consequences of climate change are keenly aware of the urgent need to change course, and this represents their contribution to the journey of other local churches in various parts of the planet.

March for Life happens in London on Saturday 7th September. There are many attempts at the moment to further liberalise abortion in the UK and to silence those offering any alternative viewpoint, whether it's 'pills by post' abortions, 'decriminalisation', buffer zones, or censorship of pro-life students at universities. The dangers of these situations are being highlighted by the theme of this year's March for Life which is 'Abortion isn't healthcare'. Join thousands at this family-friendly event. Find out more at www.marchforlife.co.uk or contact Marie on marielangford@live.co.uk about the coach going from central Nottingham.

The SPANNED Annual Mass is being celebrated by Bishop Patrick at Saint Peter's Church, Leicester Road, Hinckley on Saturday 21st September with our five diocesan groups and many friends, at 2.30pm. SPANNED has been working on climate change over the last two years and will present their findings to the bishop at the Mass in the form of a Manifesto, called "If you want to change the world, then change your life". For more details contact Father Frank Daly after 25th August on 01455 634443 or at hinckleypriory@gmail.com. Likewise, if you are coming we would like to know numbers so that you can stay with us for some refreshments afterwards. All are very welcome.

Nottingham and Leicester/Leicestershire Citizens are looking to recruit a senior organiser to start work in 2024. We're looking for a motivated person, driven by a desire for social justice and a serious interest in working pragmatically with people to make change. Could this be you? If so, you probably have some questions. What does it mean to be a senior organiser with Citizens UK? What kinds of people and organisations would you be working with? What kind of change could you make happen? We're available to have an informal conversation about the role. Please contact daniel.mackintosh@citizensuk.org

The Saint Colette's Pregnancy Support Centre is seeking to appoint a part time paid coordinator. The centre which is based in Nottingham supports women who are pregnant in challenging circumstances, by offering practical, financial and emotional support through pregnancy. An individual is sought to coordinate weekly activities from September, on a part time, paid basis; hours are negotiable. For more information please contact John by email at pro-life@dioceseofnottingham

This year's Dowry Pilgrimage to Walsingham, on Sunday 1st September, will be led by Archbishop Malcolm McMahon OP. More information is available at www.walsingham.org.uk/event/dowry-of-mary-grimage3/

The next Baptism Course will take place at Our Lady & St Patrick's Church in October. The date on a Saturday morning will be confirmed shortly.



ENTRANCE ANTIPHON

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

COLLECT

Draw near to your servants, O Lord, and answer their prayers with unceasing kindness, that, for those who glory in you as their Creator and guide, you may restore what you have created and keep safe what you have restored. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

FIRST READING

A reading from the first book of Exodus. *I will rain down bread for you from the heavens.* 16: 2-4

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them, 'is the bread the Lord gives you to eat.'

The word of the Lord.
Thanks be to God.

RESPONSORIAL PSALM

The Lord gave them bread from heaven.

- 1. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. R.
- 2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. R.
- 3. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. R.

SECOND READING

A reading from the letter of St Paul to the Ephesians. *Put on the new self that has been created in God's way.* 4:17.20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord,
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!
I am the Way, the Truth and the Life, says the Lord;
no one can come to the Father except through me.
Alleluia!

GOSPEL

The Lord be with you.
And with your spirit.
A reading from the holy Gospel according to John.
Glory to you, O Lord.

He who comes to me will never be hungry; he who believes in me will never thirst. 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven, and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Graciously sanctify these gifts, O Lord, we pray, and, accepting the oblation of this spiritual sacrifice, make of us an eternal offering to you. Through Christ our Lord. Amen.

COMMUNION ANTIPHON

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

PRAYER AFTER COMMUNION

Accompany with constant protection, O Lord, those you renew with these heavenly gifts and, in your never-failing care for them, make them worthy of eternal redemption. Through Christ our Lord. Amen.